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November 2024 Community Ward Newsletter

Introduction

Welcome to November's Cupar Ward Community Council Newsletter from your local officers, PC Lee Smith, PC Duncan Shand and Sgt Nicola Gillespie.

Local News and Priorities

Road Safety



PC's Smith and Shand along with their colleagues on response and the Road Policing Unit have been carrying out several Stop Points throughout the month. Stop Points are a proactive way of highlighting the importance of road safety within the local community. Officers will carry out roadside checks of driver's vehicles to make sure they are road worthy. Further to this it also allows officer to check that the driver's documentation is in order, including vehicle insurance and a valid drivers' licence.

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With the winter mornings and dark evening upon us it is a good reminder to set good examples for our children when out and about. If you are walking, wheeling, or cycling with your children, make sure to always use pedestrian crossings, and take the opportunity to talk to children about road safety.



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Acquisitive Crime

Selling your car online.

Due to recent opportunist thefts of motor vehicles that are being sold online, consider these steps to protect yourself and your motor vehicle.

Avoid meeting potential buyers in remote areas.

Park your car in a position that's difficult to manoeuvre.

Only you should drive your car during a test drive.

Ensure that you always keep the keys on your person.

Do not leave the engine running without being in the driver seat.

If possible, have a friend with you.



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DRUGS

Community officers, along with their colleagues in the Community Investigation Team have successfully executed two Drug Search Warrants this month. During these warrants a large amount of Class A and Class B drugs were discovered along with considerable amounts of cash. These warrants are results of many months of hard work and intelligence gathering by the whole community team. Further to this the intelligence gathered from members of the public have enabled these warrants to be granted. The community team would like to thank the public for their ongoing support and assistance in these matters. If anyone has any information regarding the supplying of controlled drugs, then they can pass their concerns on to the community team. All information received is treated seriously and is completely anonymous.



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IN THE COMUNNITY

This month PC's Smith and Shand were invited to the YMCA to deliver a talk on internet safety, online banking safety and how to keep your home secure. The YMCA group runs a basic skills in IT and learning new IT skills. These groups also set out as a meeting place for some of the older residents of the ward. The community officers were able to provide information leaflets aswell as taking questions from the group regarding their own concerns.



PC's Smith and Shand were also invited to attend at Bell Baxter High School this month. The school were holding a Careers Pathway and this was an oppertuny for pupils to look into employment for when they leave school. The event was attended by Fife Council, Royal Airfoece, TESCO, Abertay University, Scottish Fire Brigade, Fife Sport and Lesuire amongst many more. Officers had loads of interest in joining the Police and were able to provide all students with the recruitment process.

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PC's Smith and Shand were also in attendance at Cupar Parish Church for the CIC weekly community hub get together. The community officers welcomed some Ukrainian youngsters who are accessing the hub. The community hub runs from 1230 – 1530 every Saturday and is open to everyone to come a long and enjoy some free food and hot drinks as well getting to know other people in the area.



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Useful numbers and sources of information

NHS 24: Call free on 111

Fife Women's Aid: 0808 802 5555

Universal Credit helpline: 0800 328 5644

Fife Council Out of hours helpline: 03451 55 00 99

Fife Housing Register Emergency Accommodation: 03451 55 00 33 (Mon-Fri 8am-6pm) or out of hours 0800 028 6231

Scottish Water: 0800 077 8778

SEPA Floodline: 0345 988 1188

SEPA Pollution: 0800 807060

Citizens Advice and Rights Fife: call 0345 1400 095 or visit www.cabfife.org.uk

Contact your local councillor: call 03451 555555 ext 442320 (24 hour surgery helpline) or visit www.fife.gov.uk

Cosy Kingdom: Telephone advice service for any energy billing or supplier issues. Also provide emergency top-ups for people who have run out of gas or electric and are struggling financially. Call 01592 807930 or email info@cosykingdom.org.uk.

Fife Gingerbread – Lone Parent Helpline: Support workers are available to give over the phone advice Monday to Thursday 9.00am—5.00pm and Friday 9.00am—3.30pm. Call 01592 725 210.

Age Scotland helpline: A free, confidential phone service for older people, their carers and families in Scotland. The team provide information, friendship and advice. Available Monday - Friday 9-5pm, call free on 0800 12 44 222.

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Free school meals: If your child is entitled to a free school meal then you should be registered to receive a payment of £11.50 per week. Apply through Fife Council here: www.fife.gov.uk/kb/docs/articles/education2/schools-in-fife/free-school-meals-and-school-clothing-grants

Young Scot: Young people can access lots of information and advice at: www.young.scot/campaigns/national/coronavirus

Support for mental health:

The NHS 24 Mental Health Hub is available 24 hours a day, 7 days a week, on 111.

You can call the Samaritans 24 hours a day, 7 days a week, on 116 123.

Breathing Space is available for advice and support on 0800 83 85 87 Monday to Thursday 6pm-2am and Friday 6pm to Monday 6am. You can also [visit the Breathing Space website](#).

The Relationship Helpline (0808 802 2088) is a free support line providing a safe and confidential space for anyone struggling with their relationship. The Helpline is open from 9.00am to 9.00pm, Monday to Thursday, and 9.00am to 4.00pm on Friday.

Calls received.

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During November 2024, Police Scotland received:

North East Fife Area – **900** calls

Cupar Ward area **209**– incidents, with **59** crime reports recorded.

Ceres & Craigrothie

12 calls received by police, covering concerns for persons, dishonesty, and road traffic matters and fraud.

2 crime reports recorded.

Kemback, Pitscottie & Blebo Craigs

10 calls to the police, covering road traffic matters, drugs and concern for persons

0 crime reports recorded.

Dairsie

12 calls to the police, covering concern-for-person and road traffic matters

2 crimes recorded:

Cupar

150 calls to the police, covering concern for person/missing person calls; road traffic matters/collisions; requests for assistance to members of the public; fraud, theft and vandalism reports and disturbances, weather related and animal concerns.

52 crimes recorded.

Cults & Pitlessie

5 calls to the police,

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0 crimes recorded.

Springfield

20 calls to the police, covering road traffic matters; concern for person, requests for assistance/advice and disorder and drugs.

3 crimes recorded.

CONTACT INFORMATION

Below is the local contact email address for your local community team. This is not for reporting a crime but if you feel you require to contact your local community officer then our email address is the best way to do so. If you do not have access to the internet, then you can call 101 and the call handler can send an email on your behalf.

Email us at: CuparCPT@Scotland.police.uk

Please Note, this email address is NOT for reporting a crime or ongoing incidents and due to our shift pattern, is not monitored 24/7.

Thank you!

PC Lee Smith P0588 and PC Duncan Shand P0248

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